

Healthy Eating Code Breaker

Solve the maths calculations to crack the codes for healthy eating words and tips.

a	b	c	d	e	f	g	h	i	j	k	l	m
6	15	21	5	13	24	18	7	12	1	25	19	9

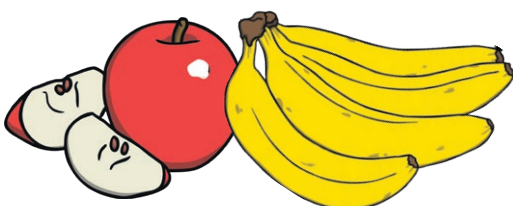
n	o	p	q	r	s	t	u	v	w	x	y	z
22	16	11	26	2	17	20	3	10	8	14	23	4

	Answer	Letter
$7 - 1$		
$10 + 1$		
$11 + 0$		
$18 + 1$		
$14 - 1$		

	Answer	Letter
$9 - 0$		
$5 + 1$		
$22 + 0$		
$19 - 1$		
$16 + 0$		

	Answer	Letter
$12 - 1$		
$13 + 0$		
$6 + 0$		
$3 - 1$		

	Answer	Letter
$18 + 0$		
$1 + 1$		
$7 - 1$		
$11 + 0$		
$12 + 1$		



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Extra Challenge

Find the answer to this calculation to find out how many portions of fruit and vegetables you should eat a day to stay healthy.

$$6 - 1 = \square$$



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Answers

	Answer	Letter
$7 - 1$	6	a
$10 + 1$	11	p
$11 + 0$	11	p
$18 + 1$	19	l
$14 - 1$	13	e

	Answer	Letter
$9 - 0$	9	m
$5 + 1$	6	a
$22 + 0$	22	n
$19 - 1$	18	g
$16 + 0$	16	o

	Answer	Letter
$12 - 1$	11	p
$13 + 0$	13	e
$6 + 0$	6	a
$3 - 1$	2	r

	Answer	Letter
$18 + 0$	18	g
$1 + 1$	2	r
$7 - 1$	6	a
$11 + 0$	11	p
$12 + 1$	13	e

Extra Challenge

Find the answer to this calculation to find out how many portions of fruit and vegetables you should eat a day to stay healthy.

$$6 - 1 = \boxed{5}$$

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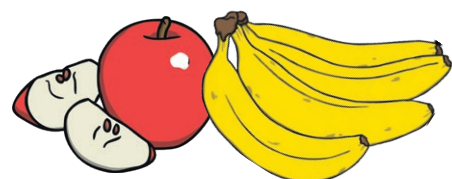
n	o	p	q	r	s	t	u	v	w	x	y	z
22	16	11	26	2	17	20	3	10	8	14	23	4

	Answer	Letter
$10 + 10$		
$15 + 1$		
$20 - 11$		
$13 - 7$		
$30 - 10$		
$10 + 6$		

	Answer	Letter
$14 + 2$		
$11 + 11$		
$21 - 9$		
$13 + 3$		
$12 + 10$		

	Answer	Letter
$11 + 10$		
$19 - 13$		
$22 - 20$		
$20 - 18$		
$20 - 4$		
$17 + 3$		

	Answer	Letter
$13 + 5$		
$12 - 6$		
$12 - 10$		
$11 + 8$		
$17 - 5$		
$12 + 9$		



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Extra Challenge

Find the answers to these calculations and then use the code breaker to find out if a tomato is a fruit or vegetable.

	$18 + 6$	$19 - 17$	$15 - 12$	$10 + 2$	$16 + 4$
Answer					
Letter					



Healthy Eating Code Breaker

Answers

	Answer	Letter
$10 + 10$	20	t
$15 + 1$	16	o
$20 - 11$	9	m
$13 - 7$	6	a
$30 - 10$	20	t
$10 + 6$	16	o

	Answer	Letter
$14 + 2$	16	o
$11 + 11$	22	n
$21 - 9$	12	i
$13 + 3$	16	o
$12 + 10$	22	n

	Answer	Letter
$11 + 10$	21	c
$19 - 13$	6	a
$22 - 20$	2	r
$20 - 18$	2	r
$20 - 4$	16	o
$17 + 3$	20	t

	Answer	Letter
$13 + 5$	18	g
$12 - 6$	6	a
$12 - 10$	2	r
$11 + 8$	19	l
$17 - 5$	12	i
$12 + 9$	21	c

Extra Challenge

	$18 + 6$	$19 - 17$	$15 - 12$	$10 + 2$	$16 + 4$
Answer	24	2	3	12	20
Letter	f	r	u	i	t

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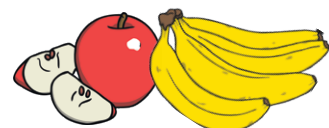
n	o	p	q	r	s	t	u	v	w	x	y	z
22	16	11	26	2	17	20	3	10	8	14	23	4

	Answer	Letter
$12 \div 2$		
$15 \div 5$		
3×5		
$16 - 3$		
$20 \div 10$		
$25 - 7$		
$24 \div 2$		
$11 + 11$		
$16 - 3$		

	Answer	Letter
3×5		
3×2		
11×2		
$15 - 9$		
$10 + 12$		
$60 \div 10$		

	Answer	Letter
$20 - 1$		
$19 - 6$		
4×5		
10×2		
$30 \div 10$		
$10 + 11$		
$20 - 7$		

	Answer	Letter
$20 - 9$		
8×2		
2×10		
$30 \div 5$		
10×2		
$17 - 1$		



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Extra Challenge

Find the answers to these calculations and then use the code breaker to find out what carrots have that helps you to see in the dark.

	2×5	$24 \div 2$	$14 + 6$	$12 - 6$	$18 \div 2$	6×2	$12 + 10$	$20 - 14$
Answer								
Letter								



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Answers

	Answer	Letter
$12 \div 2$	6	a
$15 \div 5$	3	u
3×5	15	b
$16 - 3$	13	e
$20 \div 10$	2	r
$25 - 7$	18	g
$24 \div 2$	12	i
$11 + 11$	22	n
$16 - 3$	13	e

	Answer	Letter
$20 - 1$	19	l
$19 - 6$	13	e
4×5	20	t
10×2	20	t
$30 \div 10$	3	u
$10 + 11$	21	c
$20 - 7$	13	e

	Answer	Letter
3×5	15	b
3×2	6	a
11×2	22	n
$15 - 9$	6	a
$10 + 12$	22	n
$60 \div 10$	6	a
$22 - 3$	19	l

	Answer	Letter
$20 - 9$	11	p
8×2	16	o
2×10	20	t
$30 \div 5$	6	a
10×2	20	t
$17 - 1$	16	o

Extra Challenge

	2×3	$30 \div 10$	$14 + 3$	$12 + 8$	$10 \div 5$	$12 - 6$	$15 + 4$	6×2
Answer	10	12	20	6	9	12	22	6
Letter	v	i	t	a	m	i	n	a